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LINGUINE WITH SEA FOOD SAUCE

TIME: 50 M

LEVEL: MEDIUM

Servings 4
500 g mussels
100 g baby squids
500 g clams
100 g baby cuttlefish
100 g prawn tails
30 g PRIMVS POMODORO DI SAN MARZANO DOP
5 cl PRIMVS OLIO EXTRA VERGINE DI OLIVA IGP
1 tablespoon parsley, chopped
1 clove of garlic
chili pepper, chilly to taste
400 g PRIMVS LINGUINE IGP







30 minutes preparation + 20 minutes cooking

Put the PRIMVS OLIO EXTRA VERGINE DI OLIVA IGP into an oven-dish with the garlic, chili and chopped parsley, and the PRIMVS POMODORO DI SAN MARZANO DOP paste diluted in a little warm water. Fry gently and when it begins to color, add the baby calamari and cuttlefish. Cook over high heat for a few minutes and then mix in the peeled scampi, the mussels and the clams, and season with a pinch of salt. Cook over low heat for about 20 minutes, boil the PRIMVS LINGUINE IGP", drain when "al dente" and dress with the sauce.